TrackLogs Route Card: Bollington to Rainow and Kerridge							
From	🎦 То	Bearing	☐ Leg Distance	Alt Gain	₩ Alt Loss	Information	
1 (SJ 939 776)	2 (SJ942 771)	148 Degs	0.6 km	29 m	7 m	Walk along Ingersley Vale, passing the mill pond (on your right), small industrial premises (on your left) and the ruins of Ingersley Mill (on your left).	
2 (SJ 942 771)	3 (SJ943 771)	112 Degs	0.0 km	1 m	2 m	A short distance past the buildings, follow the Gritstone Trail sign which directs you over a stile to the left. Follow the Gritstone Trail downhill. The path soon passes over the River Dean.	
3 (SJ943 771)	4 (SJ946 772)	070 Degs	0.4 km	35 m	-	Continue uphill, through several gates. Then the Gritstone Trail follows a paved path, with a small estate on the left (Savio House).	
4 (SJ 946 772)	5 (SJ946 766)	179 Degs	0.6 km	9 m	12 m	At the end of the grounds of Savio House is a 'cross roads' of footpaths. Turn right, away from the Gritstone Trail, along a path which is not signposted, keeping the wall on your left hand side. Follow the path across fields and over three stone stiles.	
5 (SJ 946 766)	6 (SJ946 765)	195 Degs	0.0 km	-	2 m	Eventually the path heads slightly downhill to meet another path which leads uphill from the right.	
6 (SJ 946 765)	7 (SJ947 763)	167 Degs	0.2 km	0 m	6 m	Pass through a gap in the wall and bear left, following a hedge which is on the left.	
7 (SJ 947 763)	8 (SJ947 762)	163 Degs	0.2 km	2 m	3 m	Pass through a metal kissing gate. The path is now enclosed, with a landscaped garden to the right. Go up some stone steps, before passing close behind some houses.	
8 (SJ 947 762)	9 (SJ949 761)	110 Degs	0.3 km	15 m	0 m	Where the footpath meets a road, bear left along the road.	
9 (SJ 949 761)	10 (SJ950 760)	143 Degs	0.2 km	13 m	0 m	Follow the road to the right (Round Meadow) which takes you up to the main road.	
10 (SJ 950 760)	11 (SJ949 758)	215 Degs	0.2 km	-	21 m	Turn right and walk down the main road with Holy Trinity church on your left.	
11 (SJ 949 758)	12 (SJ947 757)	246 Degs	0.3 km	12 m	1 m	Follow the main road up hill.	
12 (SJ 947 757)	13 (SJ945 757)	287 Degs	0.2 km	2 m	9 m	Take the Gritstone Trail, which is on the right part way up the hill. The Gritstone Trail is clearly marked and follows a bridleway which heads down hill between fields.	
13 (SJ 945 757)	14 (SJ945 759)	344 Degs	0.2 km	2 m	5 m	After the path crosses a small stream, bear right and head uphill. Ignore a bridleway off to the left.	
14 (SJ 945 759)	15 (SJ944 760)	327 Degs	0.2 km	14 m	3 m	After a gate bear left and follow the Gritstone Trail uphill.	
15 (SJ 944 760)	16 (SJ942 764)	336 Degs	0.4 km	15 m	5 m	After another gate the Gritstone trail heads up the side of Kerridge Ridge. Instead continue straight on along a path that stays on the same contour.	

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16 (SJ 942 764)	17 (SJ942 767)	356 Degs	0.3 km	2 m	13 m	Follow the path as it skirts around the top of a small wooded area.
17 (SJ 942 767)	18 (SJ941 770)	344 Degs	0.3 km	1 m	7 m	After passing through a wall, the path forks. Take the left fork, and follow the path that goes slightly uphill.
18 (SJ941 770)	19 (SJ941 772)	349 Degs	0.1 km	-	8 m	Eventually this path passes through a gate. Bear right to follow the path between a house on the left and an animal enclosure on the right. Keep following the path as it passes through a gate, and then a stile.
19 (SJ 941 772)	20 (SJ937 771)	262 Degs	0.5 km	17 m	10 m	Cross the stile and turn left up the lane. Follow the lane as it goes uphill and bears to the lef around the base of Kerridge ridge (the White Nancy is on top of the hill here, up to your left), and then goes downhill again.
20 (SJ 937 771)	21 (SJ935 770)	228 Degs	0.2 km	-	22 m	Eventually the lane emerges onto a road (Redway). Turn right along the road. Walk down the road until it meets Oak Lane. The Bulls Head pub is on this corner.
21 (SJ 935 770)	22 (SJ935 768)	189 Degs	0.2 km	0 m	6 m	Turn left along Oak Lane for a short distance.
22 (SJ 935 768)	23 (SJ930 770)	285 Degs	0.6 km	0 m	27 m	Turn right at the first footpath on the right, which is signposted as a Private Road (to Beehive Cottage amongst others). Follow the lane downhill, which bears left at Beehive Cottage.
23 (SJ 930 770)	24 (SJ933 778)	019 Degs	1.0 km	6 m	5 m	Cross the canal over a bridge and turn right straight after the bridge, down some steps and along the canal towpath. Continue along the canal towpath, passing Adelphi Mill on the left.
24 (SJ 933 778)	25 (SJ934 776)	151 Degs	0.2 km	14 m	-	Eventually a bridge over the canal is reached. Just before the bridge, ascend the steps up to the lane (Hurst Lane). Turn right at the top of the steps, crossing the canal, and walk up the lane.
25 (SJ 934 776)	26 (SJ935 776)	108 Degs	0.1 km	3 m	-	After a few houses, on the left, is a footpath. Follow this short path which emerges onto a residential street (Gleave Avenue). Now the White Nancy is seen on the hill straight ahead.
26 (SJ 935 776)	27 (SJ936 775)	135 Degs	0.2 km	2 m	3 m	Carry straight on past houses. Ignore the road to the right. Continue to the end of Gleave Avenue.
27 (SJ 936 775)	28 (SJ936 774)	119 Degs	0.1 km	4 m	2 m	Take the footpath (to the right of the house number 19), which goes downhill to emerge onto Chancery Lane.
28 (SJ 936 774)	29 (SJ937 775)	083 Degs	0.1 km	0 m	4 m	Turn left along Chancery Lane.

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29 (SJ 937 775)	30 (SJ938 774)	112 Degs	0.2 km	9 m	-	A little further on, bear right up Cow Lane.		
30 (SJ 938 774)	31 (SJ940 774)	082 Degs	0.2 km	0 m	11 m	At the end of Cow Lane pass through a gate. There are two footpaths across a farm field. Take the left fork, which goes slightly down hill, and eventually down to a lane.		
31 (SJ 940 774)	Finish (SJ939 776)	326 Degs	0.2 km	-	13 m	Turn left along the lane, which returns to the starting point.		
Totals			8.4 km	208 m	208 m			