macclesfield-outdoors Route Card : Bollington to Adlington							
<b>From</b>	🏴 То	🔀 Bearing	마 Leg Distance	<b>41</b> Alt Gain	<b>№</b> Alt Loss	1nformation	
1 (SJ 928 773)	2 (SJ 935 774)	080 Degs	0.7 km	37 m	-	From the car park on Clough Bank, walk back to Grimshaw Lane, and turn right. Walk under the canal and up the hill.	
2 (SJ 935 774)	3 (SJ 937 775)	071 Degs	0.3 km	2 m	13 m	Bear left along Chancery Lane.	
3 (SJ 937 775)	4 (SJ 938 774)	110 Degs	0.1 km	9 m	0 m	Bear right up Cow Lane.	
4 (SJ 938 774)	5 (SJ 941 774)	084 Degs	0.2 km	2 m	11 m	At the end of Cow Lane there are two footpaths across a farm field. Take the left path, which goes slightly down hill.	
5 (SJ 941 774)	6 (SJ 942 771)	149 Degs	0.4 km	14 m	8 m	The footpath goes downhill to meet a lane. Bear right along the lane, which soon passes some buildings.	
6 (SJ 942 771)	7 (SJ 943 771)	110 Degs	0.0 km	0 m	1 m	A short distance past the buildings, follow the Gritstone Trail sign which directs you over a stile to the left. Follow the Gritstone Trail down hill, and over the River Dean.	
7 (SJ 943 771)	8 (SJ 946 772)	071 Degs	0.4 km	36 m	-	Continue uphill again (through a metal kissing gate). After passing through a wooden kissing gate then another gate, the Gritstone Trail follows a paved path, with a small estate on the left (Savio House).	
8 (SJ 946 772)	9 (SJ 946 776)	354 Degs	0.3 km	0 m	11 m	At the end of the grounds of Savio House is a 'cross roads' of footpaths. Turn left here, and follow the Gritstone Trail downhill, then up to a lane (Oakenbank Lane).	
9 (SJ 946 776)	10 (SJ 944 779)	338 Degs	0.4 km	3 m	16 m	Turn left along the lane.	
10 (SJ 944 779)	11 (SJ 945 781)	007 Degs	0.2 km	2 m	13 m	Eventually a cross roads is reached. Go straight across to follow Spuley Lane.	
11 (SJ 945 781)	12 (SJ 945 781)	093 Degs	0.1 km	12 m	0 m	The Gritstone Trail soon turns right up a lane (Hedge Row).	
12 (SJ 945 781)	13 (SJ 947 784)	029 Degs	0.4 km	0 m	9 m	After some houses, the Gritstone Trail turns left away from the lane to follow a footpath down across fields. At the bottom of the hill, pass over an old packhorse bridge over a stream. Then pass through a metal kissing gate and follow the path uphill.	
13 (SJ 947 784)	14 (SJ 951 787)	054 Degs	0.5 km	77 m	1 m	Pass through a gate in a stone wall, then pass two ponds on the right. After the ponds, turn right through a gate, eventually passing a farm which is up to the left. Continue up a grassy path diagonally uphill. Go straight across a farm track and continue up the grassy path.	
14 (SJ 951 787)	15 (SJ 954 788)	068 Degs	0.3 km	28 m	-	The Gritstone Trail now continues gently uphill, between a wall on the right, and some woods on the left.	
15 (SJ 954 788)	16 (SJ 957 789)	075 Degs	0.4 km	36 m	-	At the top of the hill, cross a wall, and turn right. Continue now with a wall on your right. Keep following the Gritstone Trail now gently uphill	

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16 (SJ 957 789)	17 (SJ 960 790)	071 Degs	0.3 km	22 m	-	After crossing a tarmac driveway, the Gritstone Trail passes through a small wooded area.		
17 (SJ 960 790)	18 (SJ 961 791)	025 Degs	0.1 km	2 m	2 m	After a short distance, a sign indicates that there is a fork in the path. The Gritstone Trail follows the right fork, but we leave the Gritstone Trail to follow the left fork.		
18 (SJ 961 791)	19 (SJ 961 791)	339 Degs	0.0 km	-	1 m	Shortly after the fork, a small pond is reached - pass to the left of the pond.		
19 (SJ 961 791)	20 (SJ 958 794)	311 Degs	0.4 km	-	46 m	Follow the wide grassy path going slightly downhill (ignore the rough stone track off to the left). As you walk downhill, you can see Bakestonedale Farm in the valley down to the right. The wide grassy path descends to Bakestonedale Road.		
20 (SJ 958 794)	21 (SJ 955 795)	292 Degs	0.4 km	-	27 m	Turn left down the road.		
21 (SJ 955 795)	22 (SJ 956 800)	010 Degs	0.6 km	59 m	2 m	Soon you will come to a layby on the right. Go through the gate at the back of the layby, and bear left. Soon there is a fork in the path - take the right fork uphill, which is signposted as a bridlepath. Further uphill, go straight on at a crossroads of paths.		
22 (SJ 956 800)	23 (SJ 952 803)	305 Degs	0.5 km	-	59 m	After passing the quarry, the bridlepath bears left, downhill. Head straight down to the lane (Moorside Lane) below.		
23 (SJ 952 803)	24 (SJ 948 805)	288 Degs	0.5 km	-	33 m	Cross straight over the lane, and follow the wide path between two walls.		
24 (SJ 948 805)	25 (SJ 947 805)	301 Degs	0.1 km	-	11 m	Pass small ponds on each side of the path. Pass to the left of a large house (Birchencliff).		
25 (SJ 947 805)	26 (SJ 943 806)	283 Degs	0.4 km	-	32 m	Follow the tarmac lane down to a road (Shrigley Road).		
26 (SJ 943 806)	27 (SJ 943 808)	015 Degs	0.2 km	1 m	2 m	Turn right along the road. Here there is a cafe on the right.		
27 (SJ 943 808)	28 (SJ 944 808)	011 Degs	0.0 km	1 m	-	Shortly after the cafe, a narrow road leaves Shrigley Road on the left - ignore this.		
28 (SJ 944 808)	29 (SJ 941 812)	328 Degs	0.4 km	0 m	17 m	Take the next footpath on the left. Follow the footpath on the left hand side of a field. Eventually the footpath bears right towards a house.		
29 (SJ 941 812)	30 (SJ 937 815)	308 Degs	0.6 km	-	23 m	Pass to the right of the house, and climb over some stiles. Turn left just after the house, and follow the lane away from the house. This lane takes you down to the canal.		
30 (SJ 937 815)	31 (SJ 933 781)	186 Degs	4.0 km	36 m	30 m	Cross over the canal, and turn left along the canal towpath back towards Bollington. Follow the towpath along the right bank of the canal all the way back to Bollington.		
31 (SJ 933 781)	32 (SJ 929 773)	205 Degs	1.0 km	6 m	10 m	As you reach Bollington, Clarence Mill is on the other side of the canal (another cafe here). After this, the canal passes over a viaduct. Continue along the towpath a short distance more.		

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32 (SJ 929 773)	Finish (SJ 929 773)	256 Degs	0.1 km	0 m	8 m	Look out for a sign "Middlewood Way", just before Adelphi Mill, which directs you down a flight of stone steps descending to Grimshaw Lane. Continue down Grimshaw Lane, to return to the car park.	
Totals			14.5 km	387 m	385 m		