















## TrackLogs Route Card : Bartons Clough, Styperson

 From	 To	 Bearing	 Leg Distance	 Alt Gain	 Alt Loss	 Information
1 (SJ930 779)	2 (SJ930 780)	313 Degs	0.1 km	2 m	1 m	Cross to the back of the car park, and bear right up a path that goes uphill by the side of the viaduct.
2 (SJ930 780)	3 (SJ927 799)	353 Degs	2.0 km	21 m	9 m	At the top of the slope, continue straight on along the footpath, that is the Middlewood Way. Continue along the Middlewood Way, passing under bridge number 7 then number 8.
3 (SJ927 799)	4 (SJ928 797)	158 Degs	0.2 km	6 m	0 m	Shortly before bridge No. 9, opposite the 'train wheel' distance marker, turn right over a stile, and walk slightly uphill with woods (Bartons Clough) on your left, heading for the top left of the field.
4 (SJ928 797)	5 (SJ929 797)	101 Degs	0.1 km	8 m	-	Cross a stile then cross over the canal. Walk a short distance up a track with a wall on the right, until reaching a road (Sugar Lane).
5 (SJ929 797)	6 (SJ930 795)	170 Degs	0.2 km	3 m	0 m	Turn right and walk about 200 yds along the road, going slightly uphill.
6 (SJ930 795)	7 (SJ931 795)	106 Degs	0.1 km	1 m	0 m	Turn left up a wide track, signed 'To Long Lane and Shrigley Road'. The lake on the left is Styperson Pool. After about 100 yds you will reach a crossroads of tracks.
7 (SJ931 795)	8 (SJ936 793)	106 Degs	0.6 km	52 m	-	Turn right along a chipped path between buildings. Where the grass in the middle of the path finishes, follow the yellow footpath signs and go straight on to follow a narrow footpath between hedges, then between old stone walls. Where the footpath emerges into woods, bear right uphill. Follow the wide path up through the woods until reaching a road (Long Lane).
8 (SJ936 793)	9 (SJ935 787)	183 Degs	0.7 km	1 m	15 m	Turn right and walk along the road, which goes slightly uphill (great view across the Cheshire plain to the right) and then down again.
9 (SJ935 787)	10 (SJ930 787)	266 Degs	0.5 km	0 m	45 m	Turn right down the second signed footpath, opposite a white cottage with a white lamp post in the garden. At the end of the path walk down steps and go straight across the field. Go slightly downhill along a stone-slabbed path, between banks of holly. Continue ahead over two stiles and pass to the right of a house. Pass through a kissing gate onto a wide track with a wooden fence on your left. Walk down the wide track, away from the house, to a road (Sugar Lane).
10 (SJ930 787)	11 (SJ930 787)	006 Degs	0.0 km	1 m	-	Turn right along Sugar Lane.
11 (SJ930 787)	12 (SJ927 789)	300 Degs	0.4 km	3 m	9 m	After about 20yds, turn left over a stile. Walk slightly uphill with a fence, then hedging, to your right. At the end of the hedging bear right over a stile and walk along an avenue of trees. The footpath continues across the entrance to a house and onto a wide gravel path, which leads down to a road (Holehouse Lane).

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 From	 To	 Bearing	 Leg Distance	 Alt Gain	 Alt Loss	 Information
12 (SJ927 789)	13 (SJ927 788)	244 Degs	0.1 km	-	3 m	Turn left along the road, walk over the canal bridge and down the steps to the canal towpath.
13 (SJ927 788)	14 (SJ933 781)	139 Degs	1.0 km	8 m	3 m	Turn right and walk along the towpath (with the canal to your left).
14 (SJ933 781)	15 (SJ933 779)	188 Degs	0.2 km	0 m	7 m	When you reach Clarence Mill (on the left), bear right down a bridlepath.
15 (SJ933 779)	16 (SJ931 779)	287 Degs	0.2 km	-	11 m	When you meet the main road, turn right then immediately right again into the recreation ground. Turn left down some stone steps, and follow the path beneath trees, with the river on your right. Turn right over the bridge then left, to follow the path by the edge of the playing field.
16 (SJ931 779)	Finish (SJ931 780)	283 Degs	0.1 km	-	3 m	When you reach Adlington Road, cross over to the car park.
Totals			6.4 km	108 m	107 m	