






















macclesfield-outdoors Route Card : Vale Inn and Bollington (Long)

 From	 To	 Bearing	 Leg Distance	 Alt Gain	 Alt Loss	 Information
1 (SJ 931 781)	2 (SJ 930 780)	203 Degs	0.1 km	-	3 m	From the Vale Inn, walk up Adlington Road (turn left with the pub behind you).
2 (SJ 930 780)	3 (SJ 933 779)	109 Degs	0.3 km	14 m	0 m	Turn left into the recreation ground. Walk along the right hand edge of the recreation ground, with the River Dean to your right. Cross the bridge over the river, and turn left to follow the river. At the end of the recreation ground, bear right to walk up to the main road.
3 (SJ 933 779)	4 (SJ 933 779)	106 Degs	0.1 km	3 m	-	Turn left along the main road, to pass under the canal bridge (it is probably best to cross to the pavement opposite).
4 (SJ 933 779)	5 (SJ 935 779)	081 Degs	0.2 km	1 m	7 m	Keep straight on at the traffic lights, to continue along Palmerston Street.
5 (SJ 935 779)	6 (SJ 936 780)	026 Degs	0.3 km	24 m	-	After a church on the left, turn left up Beeston Brow. This is a steep, cobbled lane uphill past several houses. At the end of the houses, Beeston Brow takes a sharp right turn.
6 (SJ 936 780)	7 (SJ 936 784)	005 Degs	0.4 km	29 m	-	A little further on, bear left up Long Lane.
7 (SJ 936 784)	8 (SJ 938 781)	147 Degs	0.3 km	4 m	7 m	Eventually, Long Lane becomes less steep. Look out for a footpath on the right. Take this footpath, which heads across fields, with fine views to the right across Bollington to the White Nancy.
8 (SJ 938 781)	9 (SJ 938 781)	220 Degs	0.0 km	-	4 m	At the end of the footpath, and just past a few buildings on the right, turn right down a lane.
9 (SJ 938 781)	10 (SJ 939 781)	095 Degs	0.1 km	1 m	7 m	A short distance down the lane, take the paved footpath downhill to the left. This footpath has a wooden handrail on the right, which is useful as it is slippery in places.
10 (SJ 939 781)	11 (SJ 940 781)	107 Degs	0.2 km	-	17 m	The footpath descends past some houses on the left, where it becomes a lane. Continue straight on down past more houses to the main road (Shrigley Road).
11 (SJ 940 781)	12 (SJ 941 781)	137 Degs	0.0 km	-	2 m	Cross straight over the main road, into a short cul-de-sac.
12 (SJ 941 781)	13 (SJ 940 779)	181 Degs	0.2 km	2 m	9 m	At the end of the cul-de-sac, take the footpath that continues straight on down hill. Follow the footpath across a field, and then up to a road.
13 (SJ 940 779)	14 (SJ 942 778)	116 Degs	0.2 km	7 m	-	Turn left along the road (Ingersley Road).
14 (SJ 942 778)	15 (SJ 944 779)	062 Degs	0.3 km	15 m	0 m	Keep following the road as it bears round to the left and passes the Poachers Inn. There is a pavement on the left hand side.
15 (SJ 944 779)	16 (SJ 945 781)	012 Degs	0.2 km	3 m	10 m	A short distance further on, a crossroads is reached. Turn left along Spuley Lane (signposted to Pott Shrigley).

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16 (SJ 945 781)	17 (SJ 953 781)	091 Degs	0.8 km	52 m	4 m	Turn right up a lane (Hedge Row). Continue past several buildings. Do not take the first footpath on the right.
17 (SJ 953 781)	18 (SJ 953 781)	139 Degs	0.1 km	6 m	-	Take the second footpath on the right. There are 6 stone steps up to a stile. Follow the footpath, which bears left and goes slightly uphill (up the side of Billinge Hill). After a short distance, the footpath follows an old wall (which is on the left).
18 (SJ 953 781)	19 (SJ 956 778)	132 Degs	0.4 km	47 m	1 m	Cross a stile over a wall and continue in the same direction.
19 (SJ 956 778)	20 (SJ 957 775)	154 Degs	0.4 km	12 m	11 m	Cross another stile, and bear right, slightly uphill, along a bridleway (not the bridleway which bears left and downhill). Follow the bridleway, which passes under some trees, and then goes downhill to a metal gate.
20 (SJ 957 775)	21 (SJ 958 775)	135 Degs	0.0 km	-	0 m	Pass through the gate and turn left along the road (Blaze Hill).
21 (SJ 958 775)	22 (SJ 955 773)	240 Degs	0.4 km	4 m	7 m	Turn right after a short distance down a bridleway (signposted as a "Restricted Byway").
22 (SJ 955 773)	23 (SJ 953 765)	193 Degs	0.8 km	20 m	55 m	Eventually the bridleway forks. Take the left fork. This is the continuation of the "Restricted Bridleway". Follow the bridleway (which becomes Jumper Lane) past houses, down past Clarke House (on the left) to a fork.
23 (SJ 953 765)	24 (SJ 952 762)	199 Degs	0.4 km	-	12 m	Bear left at the fork to follow the lane which emerges at the main road (B5470) behind the Robin Hood pub in Rainow.
24 (SJ 952 762)	25 (SJ 951 760)	207 Degs	0.1 km	2 m	2 m	Bear right along Stocks Lane. Stocks Lane soon meets the main road (B5470) again.
25 (SJ 951 760)	26 (SJ 947 757)	229 Degs	0.6 km	13 m	23 m	Bear right, to walk along the main road down to the centre of Rainow, passing the Holy Trinity church on the left, then uphill again. Look out for the sign for the Gritstone Trail to the right.
26 (SJ 947 757)	27 (SJ 945 759)	318 Degs	0.4 km	4 m	16 m	Turn right down the Gritstone Trail, and follow the 'G' signs. Ignore a bridleway to the left.
27 (SJ 945 759)	28 (SJ 944 760)	317 Degs	0.2 km	21 m	1 m	Pass through a gate and bear left.
28 (SJ 944 760)	29 (SJ 941 762)	306 Degs	0.4 km	48 m	2 m	Pass through another gate and bear left uphill. This is a fairly steep, grassy path now. This will eventually take you up onto the 'saddle' of Kerridge Ridge.
29 (SJ 941 762)	30 (SJ 939 771)	346 Degs	0.9 km	10 m	28 m	At the top of the hill, cross a stile and turn right. Keep following the 'G' signs along the top of Kerridge Ridge until you come across the White Nancy at the end of the ridge.
30 (SJ 939 771)	31 (SJ 938 772)	320 Degs	0.2 km	-	39 m	After admiring the view across Bollington, continue straight on to follow the paved path down hill to Kerridge. There are other paths down hill here, but our path is the only one that is paved with stone slabs.

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31 (SJ 938 772)	32 (SJ 937 771)	226 Degs	0.1 km	-	6 m	When the path reaches a concreted bridleway, turn left. This descends to meet a road at Redway House (which used to be the Redway Tavern pub).
32 (SJ 937 771)	33 (SJ 935 770)	231 Degs	0.2 km	-	22 m	Turn right along the road (Redway).
33 (SJ 935 770)	34 (SJ 935 768)	190 Degs	0.2 km	-	6 m	At the end of Redway, turn left.
34 (SJ 935 768)	35 (SJ 930 770)	285 Degs	0.6 km	-	27 m	Take the bridleway off to the right. This is signposted as a Private Road (to Beehive Cottage amongst others). Follow the bridleway downhill.
35 (SJ 930 770)	36 (SJ 930 770)	288 Degs	0.0 km	-	0 m	Bear left at the bottom of the lane (to the left of Beehive Cottage), crossing the canal over a bridge.
36 (SJ 930 770)	37 (SJ 933 781)	017 Degs	1.3 km	12 m	8 m	Turn right straight after the bridge, down some steps and along the canal towpath. Continue along the canal towpath, passing Adelphi Mill on the left.
37 (SJ 933 781)	38 (SJ 933 779)	185 Degs	0.2 km	-	7 m	Eventually, Clarence Mill is reached (on the right). Turn sharp left, directly opposite Clarence Mill, down a bridleway.
38 (SJ 933 779)	39 (SJ 931 780)	288 Degs	0.3 km	-	14 m	The main road is reached at the bottom of the bridleway. Turn right along the main road, and then immediately right into the recreation ground. Cross the recreation ground to Adlington Road.
39 (SJ 931 780)	Finish (SJ 931 780)	004 Degs	0.1 km	2 m	-	Turn right down Adlington Road to return to the Vale, for a well-deserved drink!
Totals			11.9 km	356 m	357 m	